

WATER CONSERVATION GUIDE

Problems with water are occurring all over the world, from polluted rivers to the depletion of the bodies of water we depend on every day. Being conscious of our water habits is a first step in making a change.

TIPS FOR DAILY LIFE

The average person directly uses around 100 gallons of water a day. There are actions we can take to reduce this number and be as water-efficient as possible!

Leaks

13% of residential water is consumed daily through leaks. Keep an eye on your water meter, water bills, and leaky faucets for signs of a leak.

Showers

Take shorter showers! Create a 5-minute playlist to listen to while you're in the shower, then hop out once it's finished. Consider purchasing a water-saving showerhead to decrease water consumption by up to 40%.

Kitchen

Wait until your dishwasher is full before running. Soak your plates, bowls, and pots instead of rinsing.

Clothes

Cotton is a water-intensive crop, so only buy certified organic cotton if you need cotton clothes. Buy used to avoid production, which results in chemical and dye runoff into water.

Laundry

Do full loads of laundry for greatest water efficiency!

Bathroom Sinks

Have your sink on for a couple of seconds at a time. Every minute the faucet is running, you could be wasting a gallon or more of water.

Outside

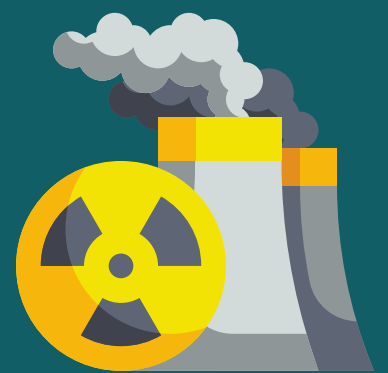
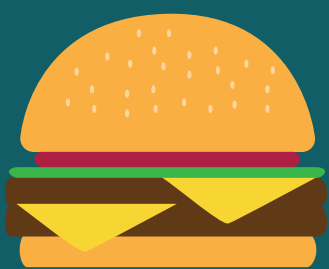
Limit your hose use whenever possible. Try using a bucket of water when washing your car, keeping a rain barrel to water your garden with, or using a broom instead of hosing off your deck.

Diet

Be aware of the water-intensive foods in your diet. Meat, dairy, and eggs use the most water to be produced. Nuts and coffee should also be limited.

660 gallons

of water to produce a hamburger



Most of the water consumed in the United States goes towards generating thermoelectric power

790 gallons

of water to produce a cotton shirt

